

## TV Schedule Week Beginning 25th March 2019

### Monday

- **Walks Around Britain**  
2/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew walks through Silverdale Glen on the Isle of Man and takes a winter walk around Elter Water in the Lake District  
12:00 - 12:30
- **Ellen's Canadian Adventure**  
Ellen Coughlan Travels to Canada for more sight-seeing fun.  
12:30 - 13:30
- **Taiwan: Land of Discovery**  
After climbing a mountain before sunrise, Hayley Sparks takes a boat ride across the mysterious Sun Moon Lake, and delves deeper into a land of mountains, canyons and a rickety suspension bridges.(4/5)  
15:00 - 16:00

### Tuesday

- **Walks Around Britain**  
3/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew walks along part of the Isle of Wight Coastal Path and between Huggate and Thixendale on the Yorkshire Wolds Way.  
12:00 - 12:30

### Wednesday

- **Walks Around Britain**  
4/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks around the island of Tresco, then with his family, to the top of Caer Caradoc in Shropshire.  
12:00 - 12:30
- **Destination**  
Sardinia is a tourist hot spot of sun, sea and sand. But what do you do when the weather turns sour? Join John as he embarks on an island road trip to discover life away from the sea.  
13:00 - 13:30
- **Serbia: Old and New**  
Laura Alexandra continues her historical tour of Serbia. As the Roman trail approaches natural Spa's Laura enjoys a well-earned rest, after visiting the national landmark Devil's Town.(4/6)  
15:00 - 16:00

### Thursday

- **Walks Around Britain**  
5/7 Series featuring inspirational walks between 2-8 miles from around Britain. In a Jersey Special, Andrew and his family walk to Devil's Hole and a circular walk near the La Corbière lighthouse  
12:00 - 12:30
- **It's More Fun in the Philippines**  
Ep4: Alex Outhwaite and Mel Dizon travel to the surfers paradise of Siargao for the next stage of their tour, where Alex gets her first taste of surfing, and they discover the secrets of Naked Island  
12:30 - 13:30

### Friday

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## Walks Around Britain

6/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks part of an old railway line on the Isle of Man and through the historic city centre of Leeds.

12:00 - 12:30

- Ellen's Texan Adventure

It's the final leg of the journey for Ellen's adventure. After experiencing Space City Houston it's onto the coastal city of Galveston to visit the seaside and uncover it's secrets. (4/4)

12:30 - 13:30

- Ellen's Canadian Adventure

Ellen Coughlan Travels to Canada for more sight-seeing fun.

15:00 - 16:00

## Saturday

- Serbia: Old and New

Laura Alexandra continues her historical tour of Serbia. As the Roman trail approaches natural Spa's Laura enjoys a well-earned rest, after visiting the national landmark Devil's Town.(4/6)

12:00 - 13:00

- Destination

Join Alyse Edwards as she explores the beautiful Turkish town of Alacati. Experiencing shopping in the Bazaar, seeing some ancient sites and trying her hand at some local artwork. (1/2)

13:00 - 13:30

## Sunday

- Taiwan: Land of Discovery

After climbing a mountain before sunrise, Hayley Sparks takes a boat ride across the mysterious Sun Moon Lake, and delves deeper into a land of mountains, canyons and a rickety suspension bridges.(4/5)

12:00 - 13:00

- Destination

Alyse Edwards continues her journey in the Turkish town of Alacati. Exploring some of the remains of ancient civilisations and having a go at the famous local sport of Wind Surfing

13:00 - 13:30