

TV Schedule Week Beginning 22nd April 2019

Monday

- **Destination**
Join John Plaskett as he heads to Europe's second biggest music festival - EXIT. Held in the impressive grounds of the Petrovaradin Fortress in Serbia's Novi Sad, the festival is a hub for music lovers. But outside of the party hours, what else is there to do? Tune in to find out.
12:00 - 13:00
- **Discover Britain**
A UK travel show looking at interesting places, cookery and people
13:00 - 13:30
- **It's More Fun in the Philippines**
Ep3: Alex and Mel continue their exploration of Bohol with a diving trip, before travelling to a new island with a bizarre modern palace.
15:00 - 16:00

Tuesday

- **Walks Around Britain**
5/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks along the cliffs at Flamborough Head and through Clumber Park, Nottinghamshire.
12:00 - 12:30

Wednesday

- **Walks Around Britain**
6/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks along the Isle of Man's stunning coast and visits Sprotbrough in South Yorkshire.
12:00 - 12:30
- **Destination**
John Plaskett takes a road trip across Louisiana where he discovers the history of Slaves, goes to the top of the tallest USA State Capitol building and gets a little too close to wild Alligators. 1/2
13:00 - 13:30
- **Escape to Paradise**
Alex Outhwaite continues her luxurious trip to the Caribbean island of Antigua with an adrenalin filled off-road buggy safari, a relaxing visit to the spa, and a whole lot of rum to taste! (2/3)
15:00 - 16:00

Thursday

- **Walks Around Britain**
7/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks from Banavie to Gairlocky and around the Ribbleshead Viaduct.
12:00 - 12:30
- **Taiwan: Land of Discovery**
Hayley Sparkes continues her Taiwan adventure, with more amazing discoveries. She learns how to go oyster fishing with her feet, and visits one of the most spectacular lantern festivals in the world!
(2/5)
12:30 - 13:30

Friday

- **Walks Around Britain**
1/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks with artist Ashley Jackson in Holmfirth and to the top of Wansfell Pike in the Lake District.
12:00 - 12:30
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Soul Traveller

Punam and Tarika head to the beautiful island of Ibiza to discover if it's more than just a place to party.

12:30 - 13:30

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Saturday

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12:00 - 13:00

- Destination

Join John Plaskett as he discovers the vibrant history of the Italian city of Brescia. Roman houses, astronomical clocks and a medieval fortress lie in store as he discovers the secrets of Brescia.

13:00 - 13:30

Sunday

- Ellen's Texan Adventure

Ellen continues her adventure in the city of Dallas where she attempts to uncover the city's biggest mystery. Then she heads further south to the space city of Houston. (3/4)

12:00 - 13:00

- Destination

Sardinia is a tourist hot spot of sun, sea and sand. But what do you do when the weather turns sour? Join John as he embarks on an island road trip to discover life away from the sea.

13:00 - 13:30