

TV Schedule Week Beginning 24th February 2020

Monday

- **Black Forest**
Coming soon!
12:00 - 13:00
- **Destination**
Explore one of the most popular lakes in Italy as we visit the glorious Lake Garda. Experience vineyards, olive oil, cycling and, of course, breathtaking views.
13:00 - 13:30

Tuesday

- **Walks Around Britain**
7/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks from Banavie to Gairlocky and around the Ribblehead Viaduct.
12:00 - 12:30

Wednesday

- **Walks Around Britain**
1/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks with artist Ashley Jackson in Holmfirth and to the top of Wansfell Pike in the Lake District.
12:00 - 12:30
- **Destination**
Come to the Red Sea coast and explore the beautiful beach resort of Somabay, Egypt. From adventurous activities such as Kite Surfing and Diving, to the relaxation of a Spa, it's a great place to be.
13:00 - 13:30

Thursday

- **Walks Around Britain**
2/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White takes a surprising walk around Goole and through the Trentham Estate in Staffordshire.
12:00 - 12:30
- **Taiwan: Land of Discovery**
After surviving her most challenging trek into tribal lands, Hayley travels north to explore the region around the capital Taipei, including a gold mine and the world's second tallest tower. (5/5)
12:30 - 13:30

Friday

- **Walks Around Britain**
3/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks alongside a canal in Wolverhampton and to the top of Sour Howes in the Lake District.
12:00 - 12:30
- **It's More Fun in the Philippines**
Alex Outhwaite and Mel Dizon continue their amazing tour of the Philippines. A tropical storm saves the girls from a scary challenge, and they visit the home of the smallest primates in the world
12:30 - 13:30

Saturday

Sunday