

TV Schedule Week Beginning 18th May 2020

Monday

- **Ellen's American Adventure: New York**
Ellen Coughlan continues her journey through New York State. In the centre of the State Ellen experiences 3 very different breweries, whilst also taking in some amazing waterfalls and a spot of diamond hunting. (3/5).
12:00 - 13:00
- **Destination**
Alyse Edwards continues her journey in the Turkish town of Alacati. Exploring some of the remains of ancient civilisations and having a go at the famous local sport of Wind Surfing. (2/2)
13:00 - 13:30

Tuesday

- **Walks Around Britain**
6/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew and his youngest daughter Olivia walk between the headlands of South and North Stack on Anglesey, and then Andrew's other daughter Alannah joins them, and the dogs, for a walk in Staffordshire to Thor's Cave.
12:00 - 12:30

Wednesday

- **Walks Around Britain**
7/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew takes two walks direct from railway stations - one around the Derbyshire spa town of Buxton and the other along the Roman walls of Chester.
12:00 - 12:30
- **Destination**
Katy Dartford heads to France to discover the Midi-Pyrenees. A beautiful region blessed with colour and tranquility. In search of food she travels Tarn, Gers, Tarn-et-Garonne and Haute Garonne to find the very best in gastronomy.
13:00 - 13:30

Thursday

- **Walks Around Britain**
1/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks on a disused railway in the Peak District and alongside the Caledonian Canal.
12:00 - 12:30
- **Taiwan: Land of Discovery**
Hayley Sparkes has a relaxing morning at the Confucius Temple, before heading to the mountains to have tea with the indigenous tribes. The day ends in a magnificent cherry blossom orchard. (3/5)
12:30 - 13:30

Friday

- **Walks Around Britain**
2/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks along the coast at Boscastle and visits Ramsey on the Isle of Man.
12:00 - 12:30
- **It's More Fun in the Philippines**
Join Alex Outhwaite as she teams up with local presenter Mel Dizon, and embarks on an amazing tour of the Philippines. After just 4 hours sleep, they're crossing a lake to climb a volcano
12:30 - 13:30

Saturday

Sunday