

## TV Schedule Week Beginning 25th May 2020

### Monday

- **Ellen's American Adventure: New York**  
Ellen Coughlan is exploring New York State and is currently heading North, close to Canada. It's all fun and games at the Strong's Toy museum and stunning beauty amongst the 100 islands. (4/5)  
12:00 - 13:00
- **Destination**  
Join John Plaskett as he heads deep into the Pyrenees Mountains in Catalonia. The snow is gone and the sun is shining as he hikes through national parks, cycles amazing roads and dares river rapids.  
13:00 - 13:30

### Tuesday

- **Walks Around Britain**  
3/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks above and alongside 2 large bodies of water - Ladybower Reservoir and Windermere.  
12:00 - 12:30

### Wednesday

- **Walks Around Britain**  
4/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks up The Great Orme in North Wales and besides a railway in West Yorkshire.  
12:00 - 12:30
- **Destination**  
Presenter Ellen Coughlan agrees to join a 5km fun run in Icelandic capital Reykjavik, and uses the chance to explore some of the famous natural wonders. But this is a fun run like no other!  
13:00 - 13:30

### Thursday

- **Walks Around Britain**  
5/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks along the cliffs at Flamborough Head and through Clumber Park, Nottinghamshire.  
12:00 - 12:30
- **Taiwan: Land of Discovery**  
After climbing a mountain before sunrise, Hayley Sparks takes a boat ride across the mysterious Sun Moon Lake, and delves deeper into a land of mountains, canyons and a rickety suspension bridges.(4/5).  
12:30 - 13:30

### Friday

- **Walks Around Britain**  
6/7 Series featuring inspirational walks between 2-8 miles from around Britain. Andrew White walks along the Isle of Man's stunning coast and visits Sprotbrough in South Yorkshire.  
12:00 - 12:30
- **It's More Fun in the Philippines**  
Alex Outhwaite and Mel Dizon continue their amazing tour of the Philippines. A tropical storm saves the girls from a scary challenge, and they visit the home of the smallest primates in the world. (2/6)  
12:30 - 13:30

### Saturday

### Sunday